

PERSONAL LEADERSHIP EVALUATION

This exercise helps you Identify attitudes, behaviours, and habits in your personal life, as well as in your work situation that hinder your progress toward developing the highest level of personal leadership possible.

Carefully consider each statement listed and circle the number that best reflects your current attitude and way of thinking toward each statement.

(Circle 0 if you are highly dissatisfied with your current status in this Item. Circle 4 to indicate complete satisfaction. Numbers in between may be used to show the degree of satisfaction you have for the current situation.)

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|---|---|---|---|---|---|
| 1. I know my purpose for my life and my career. | 0 | 1 | 2 | 3 | 4 |
| 2. I have a written plan for achieving my personal and professional goals. | 0 | 1 | 2 | 3 | 4 |
| 3. I have clear values and live my life accordingly. | 0 | 1 | 2 | 3 | 4 |
| 4. My career goals are matched to my strengths and my values. | 0 | 1 | 2 | 3 | 4 |
| 5. I am a self-starter. I motivate myself.
I know my primary sources of motivation. | 0 | 1 | 2 | 3 | 4 |
| 6. I always follow through on my commitments and promises. | 0 | 1 | 2 | 3 | 4 |
| 7. I am eager to learn and improve. I am open to helpful feedback. | 0 | 1 | 2 | 3 | 4 |
| 8. I take full responsibility for my life and my results.
I do not blame others or make excuses. | 0 | 1 | 2 | 3 | 4 |
| 9. I make Important decisions based on my goals and values. | 0 | 1 | 2 | 3 | 4 |
| 10. I have specific goals and a plan of action for all areas of life. | 0 | 1 | 2 | 3 | 4 |
| 11. I am passionate about what I do. Others would describe me as enthusiastic. | 0 | 1 | 2 | 3 | 4 |
| 12. I handle new situations with self-confidence. | 0 | 1 | 2 | 3 | 4 |
| 13. I am able to devise creative ways to accomplish | 0 | 1 | 2 | 3 | 4 |

goals.

14. I rebound quickly from setbacks. I refuse to give up 0 1 2 3 4

when obstacles come between me and my goals.

15. I know myself "inside-out." I know my strengths 0 1 2 3 4

and weaknesses.

16. I enjoy helping others reach their goals. 0 1 2 3 4

People often seek my advice.

17. I accept responsibility for making decisions 0 1 2 3 4

appropriate to my role. I readily take on leadership responsibilities.

18. I am authentic. I present myself to others the way 0 1 2 3 4

truly am

19. I feel confident communicating and collaborating 0 1 2 3 4

with others.

20. I make business-related decisions on the basis of a 0 1 2 3 4

balance between organizational impact and personal values.

21. I know what I want to accomplish in the next five 0 1 2 3 4

years.

22. I am very productive. I spend the majority of 0 1 2 3 4

my time in high-priority activities.

23. I am disciplined and exert constructive self-control 0 1 2 3 4

over my thoughts and emotions.

24. I have outstanding people skills. 0 1 2 3 4

25. I understand the basic needs and desires of people. 0 1 2 3 4